

Dear Parent/Guardian,

Princeton Day School utilizes the IMPACT concussion management program. Annually, all student athletes entering 6th, 9th, and 11th grades will need to have a baseline test done before the start of the fall sport season. This is done in order to get the most accurate results while the brain is developing during these school years. We will be administering the test to the 5th graders here at PDS during the last few weeks of the school year so that they will become familiar with the process and will be ready to go in the fall.

We are asking the student athletes entering 9th and 11th grades to take the test at home on their own computers. This can be done at any time over the summer, but must be completed before the first day of sports in the fall.

It is very important that you are able to fully concentrate during the entire test. Poor performance will result in an invalid test and will require a retake. Following these instructions will ensure that the test will be done correctly:

- Set aside 30 minutes in a quiet room with no distractions to take the test.
- No headphones or cell phone use during the test.
- Turn off any television, radio, or anything else that can produce background noise. AVOID ALL INTERRUPTIONS.
- The test will begin with the Demographic section. PLEASE FILL OUT THE FIRST PAGE ONLY. Then skip through the rest of the demographics by clicking "next" on each page.
- The next section is the "Current Symptoms and Conditions". Please complete this section.
- You are now ready to take the test. Please take your time to read the instructions before each module. The instructions are self-explanatory.
- You must use an external mouse. You cannot use the finger pad on a laptop.
- Minimum computer requirements:
 1. Use current version of your browser (Internet Explorer, Firefox, Chrome, or Safari)
 2. You must have Adobe FLASH PLAYER 11.0 or newer installed. You can download FLASH PLAYER at www.adobe.com
 3. If you have a pop-up blocker installed you must turn it off for the duration of the test.
 4. Your browser must accept cookies.
 5. JavaScript must be enabled in your browser.
 6. You need a broadband internet connection.
 7. The screen must be 12 inches or larger.
 8. If you are running windows 7, make sure power management is set to High Performance; otherwise performance may be slowed, negating test scoring.
- To access test go to: www.impacttestonline.com/schools
- Customer code: 4577760f7a
- Click: Launch Baseline Test
- Your test results will not be displayed. (all results are password protected)
- When done, simply "X" out of program. No need to email results.
- Please do not allow others to take an additional test.
- Thank you for participating in our IMPACT concussion management program.

Sincerely,

Henry Minarick, MAT, ATC

Head Athletic Trainer