



## **EXCLUSION FROM SCHOOL: POLICY GUIDELINES**

It is often difficult to know when to keep your child home from school due to illness. Exclusion from school is warranted when your child is either too ill to participate in the learning activities, or the condition creates an unhealthy environment for others. Following these guidelines will help you make the best decision to protect your child and the school community. Keep your child home if you see:

- Fever- temperature 100 F or higher
- Diarrhea- 2 bouts
- Vomiting
- Lethargy
- Weeping rash, or a rash associated with a fever
- Irritability or persistent crying
- Pink eye with crusting, tearing or mucous discharge
- Severe congestion causing difficulty breathing with or without a persistent cough

Children treated for:

- Fever- may return to school after being fever free for 24 hours without fever reducing medication
- Strep throat and Impetigo- may return after 24 hours of antibiotics
- Scabies and Head lice- may return after 1 treatment and clearance from the health office
- Pertussis- may return after 5 days of antibiotics
- Chicken pox- may return after lesions are crusted over and clearance from the health office

Frequent and thorough hand washing consistently proves to be one of the best defenses against illness. In addition, healthy eating (especially breakfast) and adequate sleep help to maintain a strong immune system. Thank you for helping us keep our community healthy.

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